

Spring 2023 Pharmacology LIVE Streaming Conference Event Agenda

Friday, April 21, 2023 at 8:00am CT - 5:00pm CT

i All times listed in Central Time (US & Canada).

Friday, April 21, 2023

7:45am - 8:00am	Check-In/Log-in Log on - Test your connection.
8:00am - 8:30am	Welcome and Coalition Update Julie Sabo PhD, RN, APRN, CNS, FCNS 0.5 CE Credits This session presents an update on the current legislative activities of the Minnesota APRN Coalition.
8:30am - 9:30am	The Drug Disease Connection: The Unintended Consequences of Drug Therapy on Underlying Comorbidities Mary Mescher Benbenek PhD, APRN, CPNP-.PC, FNP-BC FAANP FNAP 1.0 CE Credit We prescribe medications with the intent of treating a targeted condition, but sometimes the drugs prescribed inadvertently affect other comorbidities. In this presentation, we will review some of the unintended impact of common drug therapies on comorbidities.
9:35am - 10:35am	X-ing the Waiver; what APRNs should understand about buprenorphine Heather Blue PharmD, BCPS 1.0 CE Credit With the recent removal of the federally required "X-waiver" to prescribe buprenorphine for opioid use disorder, this session educates providers on the pharmacology of buprenorphine and considerations of its use. Session will include pharmacology aspects of buprenorphine as well as other similar medications for opioid use disorder and how these medications interact with acute analgesia needs. It will also discuss considerations for initiating and maintaining buprenorphine prescribing practices.
10:35am - 10:50pm	Break 15 min Get up and stretch, enjoy a beverage or snack
10:50am - 11:50am	Pre-op pearls: A guide to pre-op pharmacological optimization for surgery Ericka Karas, DNP, CRNA 1.0 CE Credit This course is a pharmacological guide for APRNs to best ready their patients for a scheduled, elective surgery.
11:50am - 12:30pm	Lunch Break Enjoy a 40 minute lunch break

12:30pm - 1:25pm

What's New in the Treatment of Major Depressive Disorder: An Update on Antidepressants

Andrea (Richard) Rohr, PharmD, BCPP

1.25 CE Credits

This presentation will provide a brief overview of depression and current standards of pharmacologic treatment, followed by a focus on new medications approved for major depressive disorder over the past decade. The unique pharmacologic features of each medication will be discussed, including side effect profile, significant drug interactions, clinical pearls, and place in therapy.

1:45pm - 2:00pm

Break

15 minute break

2:00pm - 3:15pm

Newer Diabetes Medications – How and When to Use Them

Taylor Hill, PharmD, BCACP, CDCES

1.25 CE Credits

In this session we will review the modern diabetes medication classes with emphasis on the GLP-1, SGLT-2, and new GLP-1/GIP classes. We will review the classes with respect to mechanism, place in therapy, as well as side effects and monitoring. We will also discuss the utility of continuous glucose monitors (CGMs) in treating diabetes and determining appropriate therapy with a specific emphasis on adjusting insulin doses. Because cost of medications and glucose monitors is of particular concern to patients, we will also be reviewing crucial cost saving tips for each medication class as well as for CGMs

3:15pm - 3:20pm

Break

Use the restroom!

3:20pm - 4:50pm

Understanding Common Supplements

Kerry Johnson DNP, APRN, CNP, CFMP

1.5 CE Credits

Supplements are compounds, chemicals, and drugs that have a mechanism of action, indications, and side effects that are as important to consider as with any prescription medications. This presentation will give an overview of common supplements that patients may be taking and provide the information so the APRN can confidently answer questions from patients about common supplements.

4:50pm - 5:00pm

Wrap up - How to claim CE credits

We will provide info on how to claim your CE certificate.