

Seasons of Change: Cultivating Clinical Excellence

Event Agenda

Friday, November 7, 2025 at 8:15am CT - 4:00pm CT

i All times listed in Central Time (US & Canada).

Friday, November 7, 2025

8:30am - 9:00am

Welcome and Introductory Remarks

Angie Rickheim, APRN, DNP, FNP-C, MSN, BSN, PHN, President

9:00am - 9:50am

Clinical Wellness

Dr. April Prunty, Allina

KEYNOTE

9:55am - 10:45am

Dementia Update

Dr. Jamie Starks, MVAHCS

11:00am - 11:50am

Bone Health

Dr. Amy Stanwood, MVAHCS

11:50am - 12:50pm

LUNCH

12:50pm - 1:40pm

HIV Update

Dr. Brian Goodroad, UMN

2:00pm - 2:50pm

Adolescent Depression and Anxiety

Dr. Amelia Rooks

3:00pm - 3:50pm

AI, Innovation, and Equity: Nurses Leading the Next Era of Clinical Excellence

Dr. Robin Austin, PhD, DNP, DC, MSN, RN, NI-BC, FAMIA, FAAN University of Minnesota, School of Nursing Director, Center for Nursing Informatics

3:50pm - 4:00pm

Closing Remarks

Angie Rickheim, APRN, DNP, FNP-C, MSN, BSN, PHN, President