## APRN Essentials Workshop - 2025 Midwest Conference Pre-Conference Event Agenda

Wednesday, October 22, 2025 at 8:00am CT - 9:00pm CT

## 1 All times listed in Central Time (US & Canada).

Wednesday, October 22, 2025

8:00am - 8:30am

**Registration for Primary Care Track** 

8:30am - 11:30am

**Primary Care Track - Office Skills** 

Dr. John Russell DNP, APRN, FNP-BC, AGACNP-BC, CCRN, RNFA

3.0 CE Credits

3 hour course which includes all consumables and instruction including: local anesthesia, punch, shave, and excisional biopsy, common derm complaints, cryotherapy, fluorescein staining/woods lamp use, digital blocks, abscess I/D and packing, paronychia release, subungual hematoma trephination, ring removal, and more as time allows. There is a virtual lifetime access to the Skills On Point CE portal with videos to reinforce this learning included at no cost. No experience in office procedures is required to attend this session.

11:30am - 12:30pm

**Snack Break** 

12:00pm - 12:30pm

Registration for Acute/Emergent Care Track

12:30pm - 3:30pm

Acute/Emergent Care Track - Point of Care Ultrasound

Dr. John Russell DNP, APRN, FNP-BC, AGACNP-BC, CCRN, RNFA

3.0 CE Credits

This course is will include hands-on training with real ultrasound machines and cover the following: ultrasound basics, "knobology", probe types, applications, real life clinical scanning on partners for musculoskeletal, orthopedic, vascular, and trauma applications including injection in ultrasound phantom gel blocks, use of arterial line catheters to make vascular puncture and demonstrate short and long axis approaches with/without seldinger technique, color flow with arterial demonstration of the palmer arch, cardiac phased view providing limited 2D echo landmarks, FAST exam landmarks and findings. No experience with ultrasonography is required to attend this session. As students will scan each other, it is recommended students wear loose-fitting clothing allowing arms to be exposed to the elbow.

3:30pm - 3:45pm Adjourn